



@SAGEANDSAND_NH

Outdoor Yoga Spring/Summer Series

A unique yoga experience in the
midst of nature

THE FOLLOWING SUNDAYS AT 9AM BEFORE THE
GREENFIELD FARMERS AND CRAFTERS MARKET:
5/21, 5/28, 6/4, 6/11, 6/18, 6/25, 7/9, 7/16, 7/30, AND 8/27.



Join Victoria Yerkes for a gentle flow perfect for beginner and experienced yogi alike! All you need is a mat and some water. Suggested donation \$10 (cash, Venmo, PayPal accepted) with a portion going towards the Oak Park Committee.