

Contoocook Valley Transportation Company

375 Jaffrey Road • Suite 3 • Peterborough, NH 03458
1-877-428-2882 • info@cvtc-nh.org • www.cvtc-nh.org

Creating, coordinating and delivering transportation solutions for the Monadnock region.

We've been busy! Since the last newsletter, we've incorporated, moved to bigger quarters, seated a board of directors, hired an executive director, received four new grants, launched three programs, a website, an online Rideboard, and a toll-free number.

Summer 2009

New Name, New Office, New Phone

Board of Directors

Ken Geraghty (Pres.)

Ellen Avery (VP)

Missy Taylor (Sec'y)

Nicole Haley (Treas.)

Pamela Gleeson

Sam Lafortune

Andy Macdonald

Dave Osmun

Kristen Vance

Matt Waitkins

Find out more:

www.cvtc-nh.org

1-877-428-2882

When we registered as a New Hampshire nonprofit, we changed our name to Contoocook Valley Transportation Company (CVTC) and moved to 375 Jaffrey Road in Peterborough. The new office provides room for staff and volunteers, and is wheelchair accessible. Call us at 925-9585, or toll-free at 1-877-428-2882. Or visit us online at www.cvtc-nh.org.

New Board of Directors Recruited

We are very fortunate to have attracted a talented, committed and active board (shown at left). Monthly meetings began in November of 2008.

CVTC Names Rebecca Harris Executive Director

Rebecca Harris oversaw the creation of CVTC as project coordinator from July 2007 until being named Executive Director in November 2008. By participating in statewide transportation activities, she has turned CVTC into a recognized champion of community transportation in our region.

Creating Sustainability: Strategies for Long-term Success

CVTC has received funding from the Federal Transit Administration New Freedom Program and Job Access Reverse Commute Program, the Endowment for Health, the Monadnock Fund of the New Hampshire Charitable Foundation, and the A. Erlund and N. Hazel Goyette Fund. These funds will provide support for the organization through June of 2010.

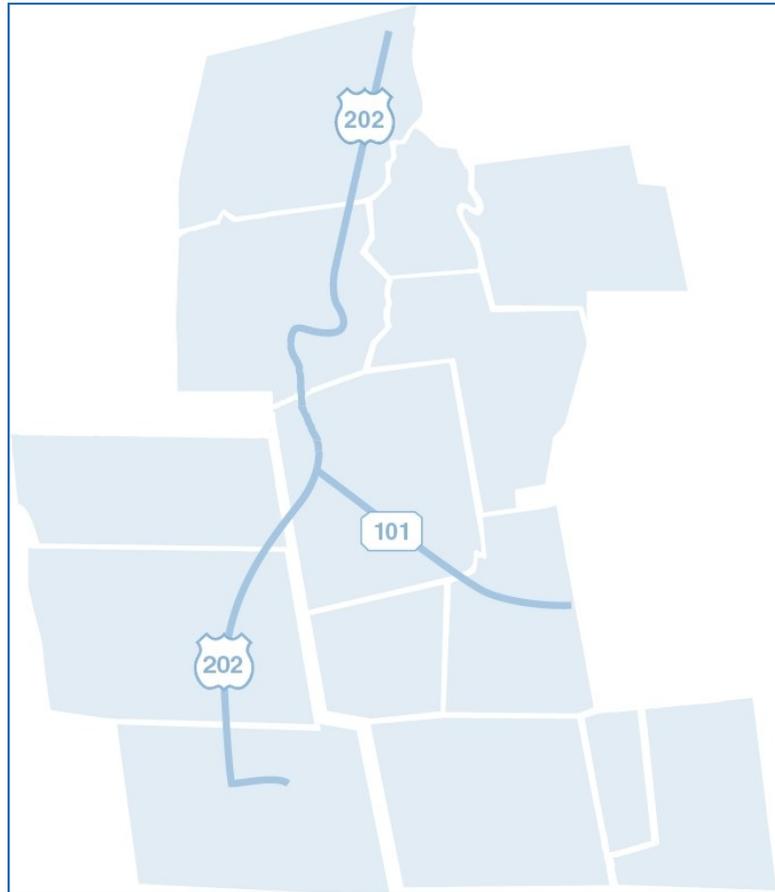
To help CVTC become sustainable beyond 2010, the Endowment for Health invited CVTC to be one of 18 organizations throughout New Hampshire to participate in a pilot sustainability program taught by the Finance Project of New York. This eight-month-long process of workshops and community involvement will culminate in a concise and compelling written sustainability plan that CVTC will implement over the next three years.

Plus, we have recruited an *ad hoc* committee of three experts in fundraising—Laura Gingras, Jeffrey Fuller, and Marilyn Soper—to advise us.

How CVTC Serves Communities

CVTC was created to meet the transportation needs of the eastern Monadnock communities as directly expressed through initial grassroots meetings and in monthly meetings with representatives from each town. We will meet these needs in a state with limited funding for transportation by making creative use of resources, using technology to assist communities in combining these resources.

- **We believe** in operating in a transparent and inclusive manner.
- **We believe** in working with communities to meet their transportation needs.
- **We believe** that what we do is more than getting people to their destinations. We help strengthen communities by reducing isolation, not only from being housebound but also from the isolation of driving alone in a car.
- **We believe** that by building inclusiveness into the fabric of CVTC, people of all ages and abilities will meet each other and share experiences and ideas. This increases tolerance and makes it easier for communities to make decisions that improve the quality of life for all.



Ultimately, transportation is about meeting human needs. Meeting the essential needs for food, shelter, and safety requires transportation to the workplace, to the store, and to medical care. Individuals also need respect for their right to participate in community life and to find meaning in giving back to the community. Perhaps most important is the need for freedom and control over one's fate. In a country where the freedom to hop in a car and go anywhere at the spur of the moment is taken for granted, people without such freedom lose control over their daily lives. They may lose the ability to remain in the community they love, or the house they have spent their lives in, simply because they have no transportation.

How CVTC Gets People Where They Need To Go

We have three programs: Volunteer Drivers, Rideshare, and Shuttles. When someone calls the CVTC toll-free number, our job is to find the most appropriate and most efficient ride for the occasion. If the ride is to a medical appointment, it could be with a volunteer driver from CVTC, the Red Cross, or the DAV; or it could be a shared ride with someone who is already going to the Wellness Center to exercise.

If the rider needs to get to the grocery store, the best match, if available, would be a shared ride with someone who wants to shop at the same store. In the future, a shopping shuttle might best meet this need.

If someone calls needing transportation to the workplace, we will have relationships with nearby employers, so that if there isn't already an existing match on the CVTC Rideboard, we can ask the employers to put out a request to their employees, asking if anyone can provide a ride to work for the caller.

If the caller needs transportation in a lift-equipped vehicle, we can call upon our volunteer drivers who drive their own wheelchair-accessible vehicles, or we can make use of a rented vehicle driven by a volunteer who has completed the NH Department of Transportation training for driving lift-equipped vehicles.

CVTC will provide the tools for agencies to work together to make more efficient use of

their resources while providing additional rides for eastern Monadnock residents. To begin this process, CVTC is working with Southwest Region Planning Commission to convene the Regional Coordinating Council for the eastern Monadnock, beginning with a Regional Transportation Summit on June 10th.

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Rideboard Display

Click on the [Rideshare Program](#) page to learn how to post your own ride listing.

Note: Hold down the shift key to select multiple columns to sort. Click on text in any row to see more details of the ride and to contact the other person.

DESTINATION	ST	ORIGIN	ST	TYPE	DRIVE	RIDE	BOTH	WHEN	ENTERED	ID
Antrim	NH	Antrim	NH	School	Yes	Yes	Yes	Every day	11/14/2008	19
Brattleboro	VT	Nelson	NH	Commute	Yes	Yes	Yes	Monday - Friday until 06/19/2009	04/19/2009	51
Concord	NH	Antrim	NH	Commute	Yes	Yes	Yes	Monday - Friday until 06/01/2009	01/19/2009	41
Jaffrey	NH	New Ipswich	NH	Errand	No	Yes	No	Every Tuesday, Saturday	11/23/2008	35
Jaffrey	NH	Sharon	NH	School	No	Yes	No	Monday - Friday	11/19/2008	30
Manchester	NH	Peterborough	NH	Commute	Yes	Yes	Yes	Monday - Friday	04/21/2009	52
Merrimack	NH	Greenfield	NH	Commute	No	Yes	No	Monday - Friday	01/20/2009	43
Milford	NH	Greenfield	NH	Commute	No	Yes	No	Monday - Friday	01/20/2009	42
Milford	NH	Temple	NH	Errand	Yes	No	No	Every Thursday	11/06/2008	15
Nashua	NH	Peterborough	NH	Commute	Yes	Yes	Yes	Monday - Friday	03/30/2009	50
Nashua	NH	Peterborough	NH	Commute	Yes	Yes	Yes	Monday - Friday	11/07/2008	16
Newton	MA	Peterborough	NH	Commute	Yes	Yes	Yes	Monday - Friday	11/20/2008	33
Peterborough	NH	Francesstown	NH	Commute	Yes	Yes	Yes	Monday - Friday	10/28/2008	3
Peterborough	NH	New Ipswich	NH	Commute	Yes	Yes	Yes	Monday - Friday	11/24/2008	36
Peterborough	NH	Peterborough	NH	Errand	Yes	Yes	No	Every Monday	01/06/2009	39
Peterborough	NH	Rindge	NH	Commute	Yes	Yes	Yes	Every Tuesday, Thursday, Friday	10/29/2008	7
Peterborough	NH	Sharon	NH	Commute	Yes	Yes	Yes	Monday - Friday	10/28/2008	1
Rindge	NH	Peterborough	NH	Errand	Yes	Yes	Yes	Every Monday	11/13/2008	18

The Rideboard as seen on CVTC's website: www.cvtc-nh.org

Our long-term vision is a sustainable, affordable, accessible, coordinated, inclusive community transportation system that residents of the Monadnock region have embraced and incorporated into their lifestyles. The more that people participate in the system, the more sustainable it is. Strategies, such as rideshare and shuttles, that give automobile owners an incentive to use alternative transportation for some of their trips should result in a positive cycle of improved service and further increases in demand for alternatives. This increases the availability of transportation for everyone.



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Volunteer Drivers Needed

Do you have a bit of time now and then when you could give a ride to someone in your town? CVTC is working alongside the Red Cross and the DAV to get your neighbors to the doctor, the pharmacy, and the grocery store. You can drive your own car, or an agency vehicle. Let us answer your questions about mileage reimbursement, training, insurance, and scheduling. **To volunteer, call CVTC, toll free, at 1-877-428-2882.**



**American
Red Cross**



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